Physical Development

Birth to 8 months
A. Gross Motor Development
   1. Shows characteristics of appropriate health and development.
   2. Demonstrates beginning signs of balance, control, and coordination.
B. Fine Motor Development
   1. Demonstrates visual abilities that facilitate healthy growth and development.
   2. Demonstrates beginning signs of strength, control, and eye-hand coordination.
C. Self-Help
   1. Demonstrates beginning participation in self-care.
   2. Participates in basic health and safety routines.
D. Health
   1. Shows characteristics of good nutritional health.
   2. Exhibits auditory abilities that facilitate healthy growth and development.
   3. Shows characteristics of good oral health.
   4. Shows basic physical needs are met.

8 to 18 Months
A. Gross Motor Development
   1. Shows characteristics of appropriate health and development.
   2. Demonstrates increased balance, control, and coordination.
B. Fine Motor Development
   1. Demonstrates visual abilities that facilitate healthy growth and development.
   2. Demonstrates increased strength, control, and eye-hand coordination.
C. Self-Help
   1. Demonstrates increased participation in self-care.
   2. Participates in basic health and safety routines.
D. Health
   1. Shows characteristics of good nutritional health.
   2. Exhibits auditory abilities to facilitate healthy growth and development.
   3. Shows characteristics of good oral health.
   4. Shows basic physical needs are met.
18 to 24 months
A. Gross Motor Development
   1. Shows characteristics of appropriate health and development.
   2. Demonstrates improved signs of balance, control and coordination.
B. Fine Motor Development
   1. Demonstrates visual abilities to facilitate healthy growth and development.
   2. Demonstrates improved strength, control, and eye-hand coordination.
C. Self-Help
   1. Demonstrates participation in self-care.
   2. Participates in basic health and safety routines.
D. Health
   1. Shows characteristics of good nutritional health.
   2. Exhibits auditory abilities to facilitate healthy growth and development.
   3. Shows characteristics of good oral health.
   4. Shows basic physical needs are met.

Two-Year-Olds
A. Gross Motor Development
   1. Shows characteristics of appropriate health and development.
   2. Demonstrates advancing balance, control, and coordination.
B. Fine Motor Development
   1. Develops visual abilities to facilitate healthy growth and development.
   2. Demonstrates advancing strength, control, and eye-hand coordination.
C. Self-Help
   1. Demonstrates advancing participation in self-care.
   2. Participates in basic health and safety routines.
D. Health
   1. Exhibits auditory abilities to facilitate healthy growth and development.
   2. Shows characteristics of good oral health.
   3. Shows basic physical needs are met.

Three-Year-Olds
A. Gross Motor Development
   1. Shows characteristics of appropriate health and development.
   2. Demonstrates increasing control of large muscles.
   3. Demonstrates increasing coordination of large muscles.
B. Fine Motor Development
   1. Demonstrates increasing control of small muscles.
   2. Shows improving eye-hand coordination.
   3. Uses various drawing and art tools with developing coordination.
C. Self-Help
   1. Actively participates in self-care.
   2. Actively takes part in basic health and safety routines.
D. Health
   1. Exhibits auditory abilities to support healthy growth and development.
   2. Shows characteristics of good oral health.
   3. Shows physical needs are met.

Approaches to Learning

Birth to 8 Months
A. Eagerness and Curiosity
   1. Shows awareness of and interest in the environment.
B. Persistence
   1. Pays attention briefly and tries to reproduce interesting and pleasurable effects and events.
C. Creativity and Inventiveness
   1. Notices and shows interest in and excitement with familiar objects, people, and events.

8 Months to 18 Months
A. Eagerness and Curiosity
   1. Shows eagerness and curiosity as a learner.
B. Persistence
   1. Pays attention briefly and persists in repetitive tasks.
C. Creativity and Inventiveness
   1. Approaches and explores new experiences in familiar settings.

18 to 24 Months (Young Toddlers)
A. Eagerness and Curiosity
   1. Shows eagerness and curiosity as a learner.
B. Persistence
   1. Pays attention for longer periods of time and persists at preferred activities.
C. Creativity and Inventiveness
   1. Delights in finding new properties and uses for familiar objects and experiences.

Two-Year-Olds
A. Eagerness and Curiosity
   1. Shows eagerness and curiosity as a learner.
B. Persistence
   1. Spends more time engaging in child-initiated activities and seeks or accepts help when encountering a problem.
C. Creativity and Inventiveness
   1. Explores the environment with purpose and flexibility.
Three-Year-Olds
A. Eagerness & Curiosity
   1. Shows curiosity and is eager to learn new things and have new experiences.
B. Persistence
   1. Sustains attention for brief periods and finds help when needed.
C. Creativity & Inventiveness
   1. Approaches daily activities with creativity and inventiveness.
D. Planning & Reflection
   1. Shows initial signs of planning and learning from their experiences.

Social and Emotional Development

Birth to 8 months
A. Trust and Emotional Security
   1. Experiences and develops secure relationships.
   2. Responds to the environment.
B. Self Regulation
   1. Develops early emotional regulation.
   2. Develops early behavioral regulation.
   3. Develops early social problem-solving.
C. Self-Concept
   1. Forms and maintains mutual relationships with others.
   2. Becomes aware of oneself as a unique individual while still connected to others.
   3. Demonstrates emerging sense of competence and confidence in growing abilities.

8 months to 18 months
A. Trust and Emotional Security
   1. Experiences and develops secure relationships.
   2. Responds to the environment.
B. Self-Regulation
   1. Demonstrates developing emotional regulation.
   2. Demonstrates developing behavioral regulation.
   3. Demonstrates developing social problem-solving.
C. Self –Concept
   1. Forms and maintains mutual relationships with others
   2. Becomes aware of oneself as a unique individual while still connected to others.
   3. Demonstrates increasing sense of competence and confidence in growing abilities.
18 to 24 months (Young Toddlers)
A. Trust and Emotional Security
   1. Forms and maintains secure relationships with others.
   2. Responds to the environment.
B. Self-Regulation
   1. Demonstrates increasing emotional regulation.
   2. Demonstrates increasing behavioral regulation.
   3. Demonstrates increasing social problem-solving.
C. Self-Concept
   1. Forms and maintains secure relationships with others.
   2. Responds to the environment.

Two-Year-Olds
A. Trust and Emotional Security
   1. Forms and maintains secure relationships with others.
   2. Responds to the environment.
B. Self-Regulation
   1. Demonstrates increasing emotional regulation.
   2. Demonstrates increasing social problem-solving.
C. Self-Concept
   1. Forms and maintains secure relationships with others.
   2. Becomes aware of oneself as a unique individual while still connected to others.
   3. Demonstrates increasing sense of competence and confidence in growing abilities.

Three-Year-Olds
A. Pro-social Behaviors
   1. Develops positive relationships and interacts comfortably with familiar adults.
   2. Interacts with and develops positive relationships with peers.
   3. Joins in group activities and experiences within early learning environments.
   4. Shows care and concern for others.
B. Self-Regulation
   1. Follows simple rules and familiar routines with support.
   2. Begins to use materials with increasing care and safety.
   3. Adapts to transitions with support.
   4. Shows developing ability to solve social problems with support from familiar adults.
C. Self-Concept
   1. Shows growing confidence in their abilities.
   2. Begins to independently initiate and direct some experiences.
Language and Communication

**Birth to 8 Months**
A. Listening & Understanding
   1. Responds to frequently heard sounds and words.
B. Communication & Speaking
   1. Uses a variety of sounds and movements to communicate.
C. Emergent Reading
   1. Shows enjoyment of the sounds and rhythms of language.
D. Emergent Writing
   1. Develops eye-hand coordination and more intentional hand control.
   2. Watches activities of others and imitates sounds, facial expressions, and actions.

**8 to 18 Months**
A. Listening & Understanding
   1. Shows increased understanding of gestures and words.
B. Communicating & Speaking
   1. Uses consistent sounds, gestures, and some words to communicate.
C. Emergent Reading
   1. Builds and uses vocabulary through direct experiences and involvement with pictures and books.
D. Emergent Writing
   1. Uses tools to make scribbles.
   2. Repeats actions that symbolize meaningful ideas.

**18 to 24 Months**
A. Listening & Understanding
   1. Gains meaning through listening.
B. Communicating & Speaking
   1. Uses a growing number of words and puts words together,
   2. Attends to and tries to take part in conversations.
C. Emergent Reading
   1. Learns that pictures represent objects, events, and ideas (stories).
   2. Shows motivation to read.
D. Emergent Writing
   1. Makes purposeful marks on paper.
   2. Uses beginning representation through play that imitates familiar routines.

**Two-Year-Olds**
A. Listening & Understanding
   1. Gains meaning through listening.
B. Communicating & Speaking
   1. Speaks clearly enough to be understood by most listeners.
2. Participates in conversations.

C. Emergent Reading
   1. Shows growing interest in print and books.
   2. Shows motivation to read.

D. Emergent Writing
   1. Uses scribbles and unconventional shapes to convey messages.
   2. Uses more complicated imitative play as symbolic thought processes and mental concepts or pictures are developed.

Three-Year-Olds
A. Listening and Understanding
   1. Listens to and understands spoken language.
   2. Shows understanding by following simple directions.

B. Communicating and Speaking
   1. Shows improving expressive communication skills.
   2. Shows increased vocabulary and uses language for many purposes.

C. Early Reading
   1. Shows an appreciation and enjoyment of reading.
   2. Demonstrates beginning phonological awareness.
   3. Shows awareness of letters and symbols.
   4. Demonstrates comprehension and responds to stories.

D. Early Writing
   1. Begins to use writing, pictures, and play to express ideas.
   2. Shows beginning writing skills by making letter-like shapes and scribbles to write.

Cognitive Development & General Knowledge

Birth to 8 months
A. Exploration & Discovery
   1. Responds in simple ways to people and objects.
   2. Establishes primary relationships.
   3. Begins to make things happen.

B. Concept Development & Memory
   1. Responds in simple ways to people and objects.
   2. Establishes primary relationships.
   3. Begins to make things happen.

C. Problem-Solving & Creative Expression
   1. Responds in simple ways to people and objects.
   2. Establishes primary relationships.
   3. Begins to make things happen.
8 to 18 Months
A. Exploration & Discovery
   1. Responds in varied ways to people and objects.
   2. Establishes more complex relationships.
   3. Initiates more events.
B. Concept Development & Memory
   1. Responds in varied ways to people and objects.
   2. Establishes more complex relationships.
   3. Initiates more events.
C. Problem-Solving & Creative Expression
   1. Responds in varied ways to people and objects.
   2. Establishes more complex relationships.
   3. Initiates more events.

18 to 24 Months
A. Exploration & Discovery
   1. Shows more complex responses to people and objects.
   2. Expands relationships.
   3. Initiates more complex interactions.
B. Concept Development & Memory
   1. Shows more complex responses to people and objects.
   2. Expands relationships.
   3. Initiates more complex interactions.
C. Problem-Solving & Creative Expression
   1. Shows more complex responses to people and objects.
   2. Expands relationships.
   3. Initiates more complex interactions.

Two Year Olds
A. Exploration & Discovery
   1. Demonstrates discriminating responses to people and objects.
   2. Engages in multiple productive relationships.
   3. Initiates rich and varied events.
B. Concept Development & Memory
   1. Demonstrates discriminating responses to people and objects.
   2. Engages in multiple productive relationships.
   3. Initiates rich and varied events.
C. Problem-Solving & Creative Expression
   1. Demonstrates discriminating response to people and objects.
   2. Engages in multiple productive relationships.
   3. Initiates rich and varied events.
Three-Year-Olds

A. Mathematical Thinking
   1. Demonstrates interest in mathematical problem solving.
   2. Sorts objects into groups by one characteristic.
   3. Shows knowledge of numbers and counting.
   4. Recognizes some geometric shapes.
   5. Shows beginning understanding of spatial relationships and position words.
   6. Demonstrates beginning ability to compare and contrast.
   7. Engages in activities that explore measurement.

B. Scientific Thinking
   1. Uses senses to collect information through observation and exploration.
   2. Begins to use simple tools for observing and investigating.
   3. Begins to compare objects.

C. Social Studies
   1. Begins to recognize and appreciate similarities and differences in people.
   2. Begins to understand family characteristics, roles, and functions.
   3. Shows awareness of some social roles and jobs that people do.
   4. Demonstrates awareness of group rules.
   5. Demonstrates awareness of the environment around them.

D. The Arts
   1. Uses many different creative art materials to express and explore.
   2. Engages in musical experiences.
   3. Engages in creative movement and dramatic play.
   4. Shows understanding and appreciation of artistic creations or events.